Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 29 Jul 2022 until 23:59 on Saturday 30 Jul 2022

Forecast Issued on Friday 29 Jul 2022 at 02:19 by Met Office Aberdeen

Confidence: High becoming Medium from Monday.

Headline for Friday 29 Jul 2022: Bright or sunny spells. Rain pushing in from the west through the evening.

Mountain weather hazards on Friday 29 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny intervals	Sunny intervals	Sunny intervals	Cloudy	Light rain
Precipitation probability					
10%	10%	10%	10%	20%	40%

Forecast for Friday 29 Jul 2022

Weather: Any low cloud lifting and breaking during the morning to leave a mainly dry and bright day with some sunny spells, just the chance of an isolated shower. However, rain pushing in from the west during the evening with lowering cloud.

Chance of cloud-free hill tops above 800m: 60% rising to 90% for much of daylight hours, but lowering 30% over Skye and around the west coast through the evening.

Low cloud and visibility: Cloud mainly above the summits, but patchy cloud, base 600 to 900m, early morning, becoming widespread around the west coast later in the evening. Visibility mainly very good, but moderate to very poor at times at height, mainly early and later in the day.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Friday 29 Jul 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	21/25 S	18/23 S	18/23 SW	19/26 SW	25/32 S	34/42 S	33/42 S
900	20/24 S	18/23 S	18/23 SW	19/26 SW	23/30 S	30/38 S	29/38 S
600	12/16 S	14/19 S	15/20 SW	16/23 SW	18/24 SW	20/29 S	20/28 S
300	1/13 S	6/18 S	8/19 S	8/21 SW	5/20 SW	4/25 S	4/27 S
Glen	2/5 SE	5/10 SW	10/18 SW	11/20 SW	7/17 SW	11/26 S	12/28 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/4	9/5	10/7	12/8	11/7	10/6	10/5
900	8/5	10/6	11/8	12/9	12/8	11/6	10/6
600	11/8	12/10	14/11	15/12	14/11	13/10	12/9
300	12/12	16/15	18/16	19/17	17/16	16/15	14/14
Glen	15/15	18/17	20/18	21/18	19/18	18/16	16/14
Freezing Level*	2300m	2300m	2300m	2300m	2900m	3000m	3200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling quite warm in any sunshine. Note strengthening wind in the evening.

Forecast for Saturday 30 Jul 2022
Weather: Outbreaks of rain and extensive low cloud overnight. This will lead to a dull and cloudy morning with outbreaks of rain and drizzle, the odd heavy burst possible at first, but mostly light. Any light rain and drizzle dying out in the afternoon with skies brightening as the cloud lifts and breaks, sunny spells possible in the evening.

Maximum wind: West 20 to 25mph gusts 35mph.

Chance of cloud-free hill tops above 800m: Nil to 20% overnight and early morning, rising 80% during the afternoon.

Low cloud and visibility: Extensive cloud, base 500 to 800m, occasional or patches 300m, the cloud lifting and breaking during the afternoon. Visibility often moderate or poor at first and very poor at height, becoming very good by the end of the afternoon.

Temperature: **Glens:** Plus 12 to 18 Celsius
At 800m: Plus 10 to 12 Celsius
Freezing level: Above the summits

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